



Creating Tomorrow's Leaders... One Black Belt At A Time!

Good Deed Sheet

Student's Name _____

Date _____

This sheet is designed to reinforce and create positive behavior and good habits in your child when he/she is at home, school or in a public setting. Each time your child performs a good deed, write down the deed and sign beside it. Before each belt stripe test and before a rank test, your child should bring the sheet to his/her instructor. Your child will receive a **High Five Award** for every good deed sheet turned in.

#	Good Deed	Signature
1		
2		
3		
4		
5		
6		
7		
8		

THANK YOU TO THE PARENTS, FAMILY, AND FRIENDS FOR HELPING US TO REINFORCE POSITIVE BEHAVIOR WITH YOUR CHILD.

